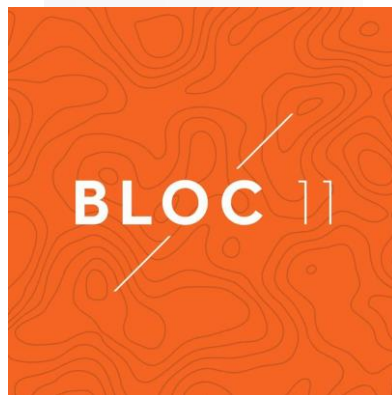


Information booklet



City
ROCK
CAPE TOWN



2020 Provincial Selection Event Youth C,B,A,Junior and Open

Register at
<http://bit.ly/wcc-prov-2020>

Saturday 29th February 2020
Sunday 1st March 2020

Hosted by: Western Cape Climbing

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Introduction

Western Cape Climbing welcomes all Western Cape climbers to the Provincial Climbing Competition.

The SANCF is committed to bringing huge changes to the South African Competitive Bouldering and Sport Climbing Scene.

Special Notes:

This competition is only for Youth C(U13), Youth B(U15), Youth A(U17), Junior (u19) and OPEN age groups

- Selection for National Events:
Subject to a minimum climbing ability to be determined by a panel consisting of the WCC head coach, WCC Competitions & Calendar Commission, WCC High Performance (Awards and Selections) Commission and one parent representative, the Top 5 Ranked Competitors in each Youth category and the Top 20 Ranked Competitors in the Open Category will be selected for the Western Cape Provincial Teams competing at the National Youth and Open Climbing Competition being held 2-4 October 2020 at a venue to be determined (Youth C to Junior).
- Junior Provincial Event
The Youth C Top Rope to Youth E event (U13 Top rope, U11, U9, U7 Top rope and boulder) will be held on 6th June 2020. Venue to be confirmed. (It was originally timetabled for 18 July 2020, but the National event is currently on the 1st August 2020, and this will not allow sufficient time for provincial kit to be sourced)
- Junior National Event:
The Youth C Top Rope to Youth E event is to be held on the 1st August 2020 at a venue to be determined.
- Selection Compliance for Provincial Team:
All athletes wishing to compete at the National events MUST take part in these provincial selection events. Those who are unable to attend on the day can submit a special exemption request as named below on page 12 for consideration by the panel.
- Helmets:
For safety reasons, please may all competitors in the U15 age categories and below kindly ensure that they are wearing standard climbing helmets for Speed, Top Rope and Lead Disciplines. Should you wish to not wear a helmet, please ensure that this is indicated on the registration form or parents must complete the waiver available on the day.
- Punctuality:
Please bear in mind that the competition will run strictly according to a time table. Kindly therefore allow enough time for travel delays.

- Technical Officials:
Anyone able to assist as a Technical Official at the event, please contact events@westerncapeclimbing.co.za before 21 February 2020.

1. When & Where

The 2020 Provincial Lead Climbing Competition will be held on the following day:

- ✓ **Saturday 29th February 2020 at CityROCK Indoor Climbing Gym, Paarden Eiland, Cape Town**

The address for CityROCK is: 9 Milner Street, Unit 5 Table Bay Industrial Estate, Paarden Eiland, Cape Town. For more information, please visit their website <http://cityrock.co.za/capetown/>. Refer to the map below or use the following link <http://bit.ly/2CXEkAb>.

- **Technical Meeting**
CityROCK Indoor Climbing Gym, Paarden Eiland. Date and Time to be advised by Jury President.
- **Prize Giving**
Saturday 29th February 2020 at 05:15pm at CityROCK Indoor Climbing Gym.

The 2020 Provincial Bouldering Competition will be held on the following day:

- ✓ **Sunday 1st March 2020 at Bloc 11, Paarden Eiland, Cape Town**

The address for Bloc 11 is: 18 Auckland St, Paarden Eiland, Cape Town, 7405. For more information, please visit their website <https://bloc11.co.za>. Refer to the map below or use the following link <https://bit.ly/2PH3Z7c>

- **Technical Meeting**
Bloc 11, Paarden Eiland. Date and Time to be advised by Jury President.
- **Prize Giving**
Sunday 1st March 2020 at 05:15pm at Bloc 11.

2. Age groups and number of participants for Provincial Competitions

Schools, clubs and climbers are requested to please register via the google form link and make payment (sending proof of payment to treasurer@westerncapeclimbing.co.za) by **21st February 2020**.

PLEASE ENSURE THAT YOU ARE COMPETENT LEAD CLIMBERS AND HAVE A LEAD LICENCE BEFORE ENTERING THIS COMPETITION.

The Lead Categories are as follows:

- Open Men (Lead)
- Open Ladies (Lead)
- Junior (U19) Men (Lead)
- Junior (U19) Women (Lead)
- Youth A (U17) Boys (Lead)
- Youth A (U17) Girls (Lead)
- Youth B (U15) Boys (Lead)
- Youth B (U15) Girls (Lead)
- Youth C (U13) Boys (Lead)
- Youth C (U13) Girls (Lead)

The Boulder Categories are as follows:

- Open Men
- Open Ladies
- Junior (U19) Men
- Junior (U19) Women
- Youth A (U17) Boys
- Youth A (U17) Girls
- Youth B (U15) Boys
- Youth B (U15) Girls
- Youth C (U13) Boys
- Youth C (U13) Girls

NOTE 1:

Youth C climbers cannot climb in both Top Rope and Lead categories in the 2020 season. They need to select one or the other and will not be able to compete in the Junior Provincial competition in June 2020. We urge those athletes who are already leading competently to compete in the Lead Category and leave the Top Rope Category for those athletes who can't lead at all.

NOTE 2:

Competitors who turn 16 years of age in 2020 (Youth A and Junior) will climb the same routes as the OPEN category in this competition.

NOTE 3:

U13 boulder competitors will need to climb in this competition in order to qualify for the boulder provincial team to compete at Youth National Competition.

Categories are defined by the age of the child as at 1st January of 2019. Please refer to the below tables if you are unsure based on the year your child was born:

IFSC YOUTH COMPETITION AGE CATEGORIES

EVENT DATE	YEAR OF BIRTH			
	Junior	Youth A	Youth B	Youth C
2020	2001-2002	2003-2004	2005-2006	2007-2008

- **Youth D** Year of Birth: 2009-2010
- **Youth E** Year of Birth: 2011-2012

Competition Registration Link: <http://bit.ly/wcc-prov-2020>

3. Prize Giving

Lead Event:

Prize Giving will take place on Saturday 29th February 2020 at 05:15pm at CityROCK Climbing Gym.

Boulder Event:

Prize Giving will take place on Sunday 1st March 2020 from 05:15pm at Bloc 11.

4. Structure of events

Rules:

Scoring will be as per IFSC rules unless otherwise stated and will be explained during the briefing session. An abbreviated guide to the rules will be on display at the venue and in the isolation area. Anyone with further questions is welcome to discuss with the Jury President of the competition who will be the final arbiter and clarify any rules issues.

Format for Lead:

- There will be no qualifier, semi-final or final round for this event. Three routes will be climbed by each category and the total scores from all three routes will be used to determine the winners.
- All three routes will be on-sight, meaning that the groups will be given five minutes to view the route prior to the climb before being confined to isolation. The route will not be demonstrated and they will not be allowed to watch anyone climb the routes nor share information about the route.
- The individual competitor will be led to the route at the appropriate time by a belayer. The competitor must have his shoes and harness on and have his chalk. The Competitor must already be tied in and have been checked by his belayer and be accompanied by his belayer to the route. The competitor will have 30 seconds to view the route immediately before his climb.
- The attempt will be considered started the moment both feet leave the floor and is completed when the climber has either clipped the final draws or fallen.
- The starting order will be by provincial ranking for all the climbs. There will be a rest period of 50 minutes between each lead climb.
- Climbers have only one attempt per route and have a maximum of six minutes per route after which they will be called down.
- The score on each route is judged by the highest hold that is reached and controlled.
- If any 1st placed Final competitors remain tied following the above, they will be required to climb a super final.

Format for Boulder:

- There will be no qualifier, semi-final or final round for this event. Four (4) boulder problems will be climbed by each category and the total scores from all four problems will be used to determine the winners.
- Each athlete will have 4 minutes per boulder problem, with a 4 minute rest period between climbs.
- The competitor must establish on the starting holds of each problem before commencing their attempt.

- The attempt will be considered started the moment both feet leave the floor and is completed when the climber has topped the problem or fallen.
- Starting order will be via Provincial ranking.
- A 2 minute viewing per problem will be held before the start of each category's round.
- Climbers may not ask about beta. Climbers may only touch the marked starting holds during this time. No other holds may be touched and feet may not leave the ground.
- Scores for rankings are calculated according to, and in order of:
 - the number of Tops awarded;
 - the number of zone points awarded;
 - the fewest attempts at Top; and,
 - the fewest attempts at reaching the zone.
- No score shall be awarded for a "touched" hold. A zone hold must be used by the climber in order to maintain a stable position. Only use of hands on the zone hold are valid for a zone point.
- If any 1st placed Final competitors remain tied following the above, they will be required to climb a super final.

5. Refreshments at competition venue

Minor refreshments will be available at both venues.

6. Costs and payment

Fee for 2020 Provincial Lead Competition

- **R350.00** per competitor if competitor is a **WCC AND SANCF Competition license holder** – a membership number must be presented alongside the competitor's name when sending your lists through to Western Cape Climbing. A membership card must be presented at the registration on the day.
- **R850.00** per competitor if competitor is **NOT an SANCF/WCC Competition license holder** – this will entitle them to membership and cover their registration fee for the competition; an SANCF/WCC Competition card will be organised and sent to the competitor shortly after the competition.
- A special discount on the competition fee only will be given to those families who register more than one child for the competition as below:
 - R350 for first child;
 - R300 for second child;
 - R250 for third child; and
 - R200 for each additional child thereafter.

Fee for 2020 Provincial Boulder Competition

- **R350.00** per competitor if competitor is a **WCC AND SANCF Competition license holder** – a membership number must be presented alongside the competitor's name when sending your lists through to Western Cape Climbing. A membership card must be presented at the registration on the day.
- **R850.00** per competitor if competitor is **NOT an SANCF/WCC Competition license holder** – this will entitle them to membership and cover their registration fee for the competition; an SANCF/WCC Competition card will be organised and sent to the competitor shortly after the competition.
- A special discount on the competition fee only will be given to those families who register more than one child for the competition as below:
 - R350 for first child;
 - R300 for second child;
 - R250 for third child; and
 - R200 for each additional child thereafter.

Fee for 2020 Provincial Competition (both Lead and the Boulder Event)

- **R500.00** per competitor if competitor is a **WCC AND SANCF Competition license holder** – a membership number must be presented alongside the competitor's name when sending your lists through to Western Cape Climbing. A membership card must be presented at the registration on the day.
- **R1000.00** per competitor if competitor is **NOT an SANCF/WCC Competition license holder** – this will entitle them to membership and cover their registration fee for the competition; an SANCF/WCC Competition card will be organised and sent to the competitor shortly after the competition.
- A special discount on the competition fee only will be given to those families who register more than one child for the competition as below:
 - R500 for first child;
 - R450 for second child;
 - R400 for third child; and
 - R200 for each additional child thereafter.
- ✓ Any climber competing at these events who is from another province is expected to have already paid their relevant provincial and national fees to their own province and proof thereof may be requested by WCC. They would therefore only need to pay the relevant competition fees.
- ✓ The above fee includes medals, trophies, venue hire as well as the costs associated with the setting and organization of the competition.

- ✓ All payments are to be made **via EFT before Friday 21 February 2020** into the **Western Cape Climbing Bank Account** below.

Western Cape Climbing

First National Bank

Branch Number: **204209**

Branch: Cavendish

Account Number: **62380592652**

Account Type: Cheque Account

Please list your name as a reference on the deposit slip

Kindly email the proof of payment to treasurer@westerncapeclimbing.co.za

To become a WCC member kindly register at the following link BEFORE the aforementioned deadline:

<http://bit.ly/wcc-join>

7. Timetable - THIS NEEDS TO BE CHANGED STILL

These times are subject to change and a revised timetable will be published after the registration cutoff when competitor numbers are known.

SATURDAY 29th FEBRUARY 2020: CITYROCK CLIMBING GYM – LEAD EVENT

Action	Time
<u>Youth C</u>	
Roll Call and Bib Distribution	08:00am to 08:30am
Introduction & briefing	08:30am to 08:50am
Route 1	09:00am to 10:00am
Route 2	10:15am to 11:15am
Route 3	11:30am to 12:30pm
<u>Youth A</u>	
Roll Call and Bib Distribution	10:00am to 10:30am
Introduction & briefing	10:30am to 10:50am
Route 1	11:05am to 12:05pm
Route 2	12:20pm to 01:20pm
Route 3	01:35pm to 02:35pm
<u>Youth B</u>	
Roll Call and Bib Distribution	11:30am to 12:00pm
Introduction & briefing	12:00pm to 12:20pm
Route 1	12:40pm to 01:40pm
Route 2	01:55pm to 02:55pm
Route 3	03:10pm to 04:10pm
<u>Junior and Open</u>	
Roll Call and Bib Distribution	01:00pm to 01:30pm
Introduction & briefing	01:30pm to 01:50pm
Route 1	02:00pm to 02:45pm
Route 2	03:00pm to 03:45pm
Route 3	04:00pm to 04:45pm
Prize Giving	05:15pm to 05:45pm

SUNDAY 1st MARCH 2020: BLOC 11 – BOULDER EVENT

Action	Time
<u>Youth C</u>	
Roll Call and Bib Distribution	08:00am to 08:30am
Introduction & briefing	08:30am to 08:50am
Viewing of Boulder Problems	09:00am to 09:16am
Competition Climbing	09:20am to 10:20am
<u>Youth A</u>	
Roll Call and Bib Distribution	09:30am to 10:00am
Introduction & briefing	10:00am to 10:20am
Viewing of Boulder Problems	10:20am to 10:36am
Competition Climbing	10:40am to 11:40am
<u>Youth B</u>	
Roll Call and Bib Distribution	10:30am to 11:20pm
Introduction & briefing	11:20pm to 11:40pm
Viewing of Boulder Problems	11:40am to 11:56am
Competition Climbing	12:00pm to 01:00pm
<u>Junior and Open</u>	
Roll Call and Bib Distribution	12:00pm to 12:40pm
Introduction & briefing	12:40pm to 01:00pm
Viewing of Boulder Problems	01:00pm to 01:16pm
Competition Climbing	01:20pm to 02:20pm
Prize Giving	03:00pm to 03:30pm

The above times are approximate and competitors should always arrive early.

8. Special Exemption

Any athlete not able to compete at the Provincial Event but who wishes to represent the Western Cape Province at the National events mentioned above would need to apply for a Special Exemption in line with the below policy:

- Athletes who do not attend the relevant recognised provincial event/s in order to qualify for selection of the provincial team, may apply for a special exemption if the following circumstances transpired and resulted in them not attending the event/s mentioned above:
 - An injury prevented them from competing;
 - There was a death in the family or a personal tragedy around the time of the event;
 - The athlete was out of the country or the province at the time due to extenuating circumstances; or
 - An act of God prevented them from competing.

In the case of any of the above-mentioned instances, the athlete is to submit the following for their special exemption motivation to one or all of the WCC Selection Committee members mentioned above (this can be via their parent, coach or other) within 7 days prior to the recognised provincial event/s or within 14 days post the recognised provincial event/s:

- Motivational and explanatory letter of the circumstances which prohibited the athlete from competing;
- Relevant doctors' letters, reports, x-rays, etc.; or
- Relevant documentation regarding the athlete not being in the country or province at the time (e.g. international school or college letter/transcripts, etc.);
- Any other documentation or information relevant to the specific exemption motivation.

Kindly note that being away on holiday or school camp or other similar event is not considered cause for a special exemption application as these are the result of a choice by the athlete to forego the selection event/s for something else.

Further, these athletes who motivate for a Special Exemption will not be awarded provincial colours, regardless of the outcome of their motivation/application as it is against the Colours Awards Policy of the Western Cape Provincial Sports Confederation, which stipulates that an athlete must participate in the selection event successfully in order to receive their Provincial Colours Award.

Special Exemption applications can be sent to any one of the below contacts.

9. Contact details

Colette Rodrigues – WCC Competitions Co-Organiser

082 883 7569

events@westerncapeclimbing.co.za

Geoffrey Meyer – WCC President

082 882 8281

info@westerncapeclimbing.co.za

Chris Naudé – WCC Vice President

063 538 4516

chris@westerncapeclimbing.co.za

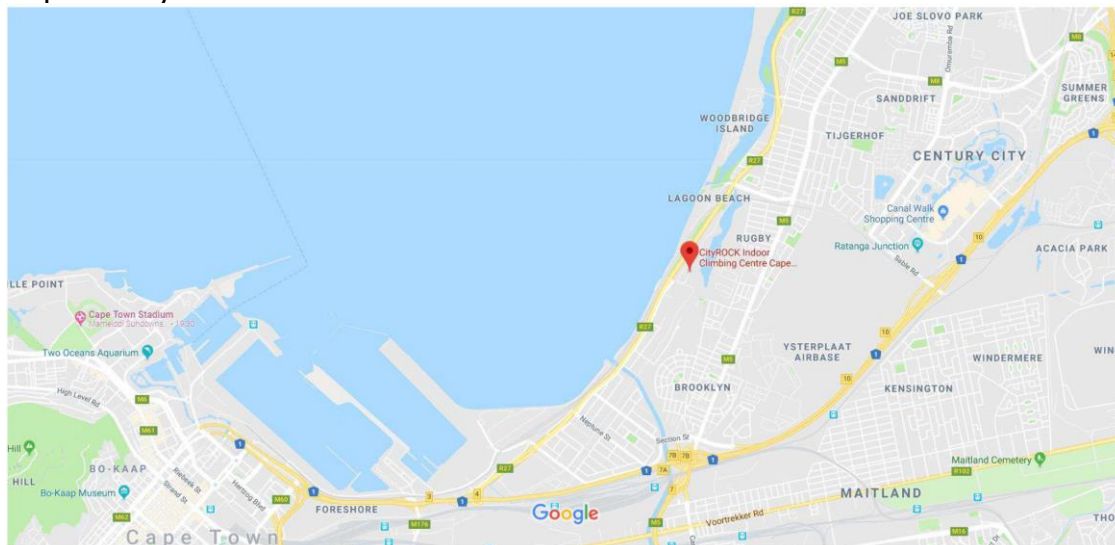
10. Summary – what you must do!

Item Due date:

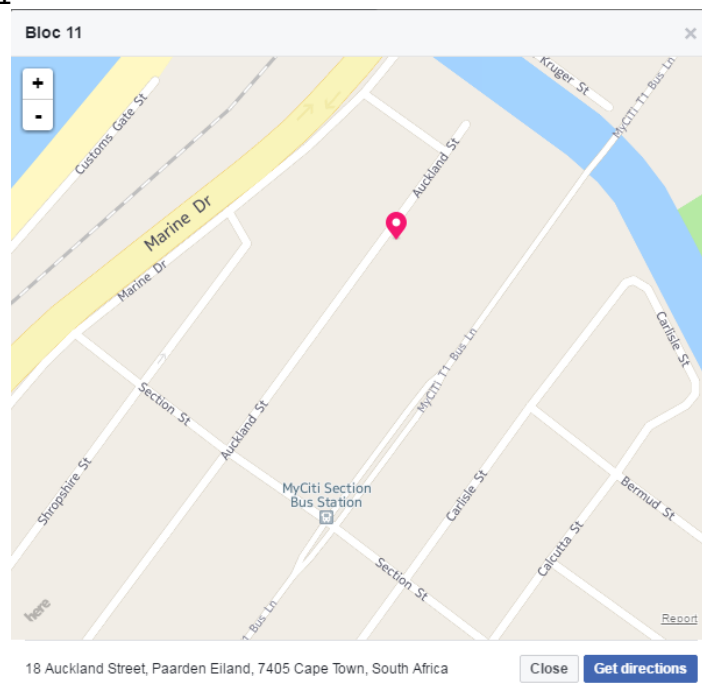
- ✓ Register via the registration link by **21st February 2020** - <http://bit.ly/wcc-prov-2020>
- ✓ Pay the registration **fees prior to 23rd February 2020**
- ✓ Pitch-up 29th February 2020 at your allocated time above for the Competition

11. Attachments

- ❖ Map to CityROCK



- ❖ Map to Bloc 11



LEGAL DISCLAIMER: All climbing related activities are extremely dangerous and always completely at your own risk. The organizers, WCC, SANCF, the sponsors and venue owners accept no responsibility for any losses, injury or death. All participating climbers, helpers, organizers and spectators take full responsibility for themselves. There is no substitute for experience, training, common sense and a touch of caution. So you are on your own...take care!