

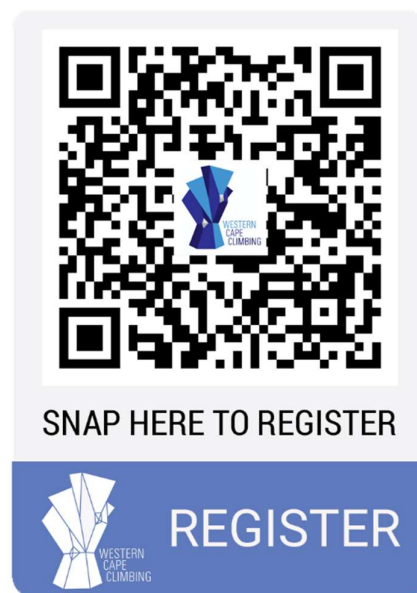
# Information booklet



## 2021 Provincial Selection Event Youth E,D,C,B,A,Junior and Open

**Register at**

**<https://forms.gle/ABAERa1eCoBnHxhv8>**



**Saturday 28<sup>th</sup> August 2021 – Lead & Top Rope - CityROCK**  
**Sunday 29<sup>th</sup> August 2021 – Boulder - Bloc South**

**Hosted by: Western Cape Climbing**

# Introduction

Western Cape Climbing welcomes all Western Cape climbers to the Provincial Climbing Competition.

## **Special Notes:**

**This competition is for Youth E(U9), Youth D(U11), Youth C(U13), Youth B(U15), Youth A(U17), Junior (u19) and OPEN age groups**

- Selection for National Events:  
Subject to a minimum climbing ability to be determined by a panel consisting of the WCC head coach, WCC Competitions & Calendar Commission, WCC High Performance (Awards and Selections) Commission and one parent representative, the Top 5 Ranked Competitors in each Youth category and the Top 20 Ranked Competitors in the Open Category will be selected for the Western Cape Provincial Teams competing at the National Youth and Open Climbing Competition being held 2-4 October 2021 (TBA) at a venue to be determined (Youth C to OPEN).
- Selection Compliance for Provincial Team:  
All athletes wishing to compete at the National events MUST take part in these provincial selection events. Those who are unable to attend on the day can submit a special exemption request as named below on page 12 for consideration by the panel.
- Punctuality:  
Please bear in mind that the competition will run strictly according to a time table. Kindly therefore allow enough time for travel delays.
- Technical Officials:  
Anyone able to assist as a Technical Official at the event, please contact [events@westerncapeclimbing.co.za](mailto:events@westerncapeclimbing.co.za) before 07 August 2021. All official that were slated to be used please can you confirm your commitment.
- *Please note that this is a provincial competition set to a high standard. It is not intended for the Athletes to all Top the routes / problems.*
- COVID-19:  
Due to the pandemic and the current level 3 lockdown level, we are only allowed 100 people indoors for the competition. This is going to have to be well-managed to ensure we comply with the regulation, therefore **NO SPECTATORS** will be allowed into either of the gyms.

# 1. When & Where

The 2021 Provincial Lead Climbing Competition will be held on the following day:

- ✓ **Saturday 28<sup>th</sup> August 2021 at CityROCK Indoor Climbing Gym, Paarden Eiland, Cape Town**

**The address for CityROCK is:** 9 Milner Street, Unit 5 Table Bay Industrial Estate, Paarden Eiland, Cape Town. For more information, please visit their website <http://cityrock.co.za/capetown/>. Refer to the map below or use the following link <http://bit.ly/2CXEkAb>.

- **Technical Meeting**  
CityROCK Indoor Climbing Gym, Paarden Eiland. Date and Time to be advised by Jury President.

The 2021 Provincial Bouldering Competition will be held on the following day:

- ✓ **Sunday 29<sup>th</sup> August 2021 at Bloc 11, Diepriver, Cape Town**

**The address for Bloc 11 is:** 23 Estmil Rd, Elfindale, Cape Town, 7800. For more information, please visit their website <https://bloc11.co.za>  
<https://goo.gl/maps/Dsjaxk3usg9k32iC9>

- **Technical Meeting**  
Bloc South, Diepriver. Date and Time to be advised by Jury President.

## 2. Age groups and number of participants for Provincial Competitions

Schools, clubs and climbers are requested to please register via the google form link.

**PLEASE ENSURE THAT YOU ARE COMPETENT LEAD CLIMBERS AND HAVE A LEAD LICENCE BEFORE ENTERING THIS COMPETITION.**

The Lead Categories are as follows:

- Open Men (Lead)
- Open Ladies (Lead)
- Junior (U19) Men (Lead)
- Junior (U19) Women (Lead)
- Youth A (U17) Boys (Lead)
- Youth A (U17) Girls (Lead)
- Youth B (U15) Boys (Lead)
- Youth B (U15) Girls (Lead)
- Youth C (U13) Boys (Lead)
- Youth C (U13) Girls (Lead)
- Youth D (U11) Boys (Lead)
- Youth D (U11) Girls (Lead)
- Youth E (U9) Boys (Top Rope)
- Youth E (U9) Girls (Top Rope)

The Boulder Categories are as follows:

- Open Men
- Open Ladies
- Junior (U19) Men
- Junior (U19) Women
- Youth A (U17) Boys
- Youth A (U17) Girls
- Youth B (U15) Boys
- Youth B (U15) Girls
- Youth C (U13) Boys
- Youth C (U13) Girls
- Youth D (U11) Boys
- Youth D (U11) Girls
- Youth E (U9) Boys
- Youth E (U9) Girls

### **NOTE 1:**

*Only Youth E (u9) will be able to climb TopRope, as this is a Provincial Competition.*

### **NOTE 2:**

*Competitors who turn 16 years of age in 2021 (Youth A and Junior) will climb the same routes as the OPEN category in this competition.*

**NOTE 3:** *Athletes are not meant to top the routes at this competition. Please make sure children aware of this fact. The routes are intentionally hard. The point is to separate the athletes correctly. The goal is to ensure that only one athlete will top the routes.*

Categories are defined by the age of the child as at 1<sup>st</sup> January of 2021. Please refer to the below tables if you are unsure based on the year your child was born:

## IFSC YOUTH COMPETITION AGE CATEGORIES

EVENT DATE	YEAR OF BIRTH			
	Junior	Youth A	Youth B	Youth C
2021	2002-2003	2004-2005	2006-2007	2008-2009

- **Youth D** Year of Birth: 2010-2011
- **Youth E** Year of Birth: 2012-2013

Competition Registration Link:

<https://forms.gle/ABAERa1eCoBnHxhv8>



## 4. Structure of events

### Rules:

Scoring will be as per IFSC rules unless otherwise stated and will be explained during the briefing session. An abbreviated guide to the rules will be on display at the venue and in the isolation area. Anyone with further questions is welcome to discuss with the Jury President of the competition who will be the final arbiter and clarify any rules issues.

### Format for Lead:

- There will be 2 routes for this event. Two routes will be climbed by each category. The ranking achieved in the first route will be multiplied by the ranking achieved in the second climb. The winner will be the person with the lowest score.
- All two routes will be on-sight, meaning that the groups will be given five minutes to view the route prior to the climb before being confined to isolation. The route will not be demonstrated and they will not be allowed to watch anyone climb the routes nor share information about the route.
- The individual competitor will be led to the route at the appropriate time by a belayer. The competitor must have his shoes and harness on and have his chalk. The Competitor must already be tied in and have been checked by his belayer and be accompanied by his belayer to the route. The competitor will have 30 seconds to view the route immediately before his climb.
- The attempt will be considered started the moment both feet leave the floor and is completed when the climber has either clipped the final draws or fallen.
- The starting order will be by random regeneration for the first climb and by ranking order for the second climb. There will be a rest period of approximately 50 minutes between each lead climb, this will be governed by the largest group.
- Climbers have only one attempt per route and have a maximum of six minutes per route after which they will be called down.
- The score on each route is judged by the highest hold that is reached and controlled.
- If any 1st placed Final competitors remain tied following the above, they will be required to climb a super final.
- **SCORING:** The ranking achieved in the first route will be multiplied by the ranking achieved in the second climb. The winner will be the person with the lowest score.

### Format for Boulder:

- There will be 1 round of 4 boulders for this event. Four (4) boulder problems will be climbed by each category and the total scores from all four problems will be used to determine the winners. Standard IFSC scoring will be used (No. Tops, No Zones, Attempts at Top, Attempts at Zone)
- Each athlete will have 5 minutes per boulder problem, with a 5 minute rest period between climbs.

- The competitor must establish on the starting holds of each problem before commencing their attempt.
- The attempt will be considered started the moment both feet leave the floor and is completed when the climber has topped the problem or fallen.
- Starting order will be randomized.
- A 2 minute viewing per problem will be held before the start of each category's round.
- Climbers may not ask about beta. Climbers may only touch the marked starting holds during this time. No other holds may be touched and feet may not leave the ground.
- Scores for rankings are calculated according to, and in order of:
  - the number of Tops awarded;
  - the number of zone points awarded;
  - the fewest attempts at Top; and,
  - the fewest attempts at reaching the zone.
- No score shall be awarded for a "touched" hold. A zone hold must be used by the climber in order to maintain a stable position. Only use of hands on the zone hold are valid for a zone point.
- If any 1st placed Final competitors remain tied following the above, they will be required to climb a super final.

## 5. Refreshments at competition venue

Minor refreshments will be available at both venues.

## 6. Costs and payment

### Fee for 2021 Provincial Lead Competition

- **R100.00** per competitor if competitor is a **WCC AND SANCF Competition license holder** – a membership number must be presented alongside the competitor's name when sending your lists through to Western Cape Climbing. A membership card must be presented at the registration on the day.
- **R600.00** per competitor if competitor is **NOT an SANCF/WCC Competition license holder** – this will entitle them to membership and cover their registration fee for the competition; an SANCF/WCC Competition card will be organised and sent to the competitor shortly after the competition.

### **Fee for 2021 Provincial Boulder Competition**

- **R100.00** per competitor if competitor is a **WCC AND SANCF Competition license holder** – a membership number must be presented alongside the competitor's name when sending your lists through to Western Cape Climbing. A membership card must be presented at the registration on the day.
- **R600.00** per competitor if competitor is **NOT an SANCF/WCC Competition license holder** – this will entitle them to membership and cover their registration fee for the competition; an SANCF/WCC Competition card will be organised and sent to the competitor shortly after the competition.

### **Fee for 2021 Provincial Competition (both Lead and the Boulder Event)**

- **R200.00** per competitor if competitor is a **WCC AND SANCF Competition license holder** – a membership number must be presented alongside the competitor's name when sending your lists through to Western Cape Climbing. A membership card must be presented at the registration on the day.
- **R700.00** per competitor if competitor is **NOT an SANCF/WCC Competition license holder** – this will entitle them to membership and cover their registration fee for the competition; an SANCF/WCC Competition card will be organised and sent to the competitor shortly after the competition.
- ✓ Any climber competing at these events who is from another province is expected to have already paid their relevant provincial and national fees to their own province and proof thereof may be requested by WCC. They would therefore only need to pay the relevant competition fees.
- ✓ The above fee includes medals, trophies, venue hire as well as the costs associated with the setting and organization of the competition.
- ✓ All payments are to be made **via EFT or SNAPSCAN before Friday 20 August 2021** into the **Western Cape Climbing Bank Account** below.

#### **Western Cape Climbing**

First National Bank

Branch Number: **204209**

Branch: Cavendish

Account Number: **62380592652**

Account Type: Cheque Account

**Please list your name as a reference on the deposit slip**

Kindly email the proof of payment to [treasurer@westerncapeclimbing.co.za](mailto:treasurer@westerncapeclimbing.co.za)

**To become a WCC member kindly register at the following link BEFORE the aforementioned deadline:**

**<http://bit.ly/wcc-join>**



## 7. Timetable

*These times are still approximate – Due to the COVID-19 Pandemic and Adjusted Level 2 Lockdown the timetable will be circulated as soon as we have confirmed athlete numbers per age group. The timings below are based on the expected turnout. – Please ensure that you are at the correct gym at the Registration time given for your category, once this has been circulated. Timing may vary.*

### **SATURDAY 28<sup>th</sup> AUGUST 2021: CITYROCK CLIMBING GYM – LEAD EVENT**

Action	Time
<b><u>Registration: U9-U13</u></b>	<b>07:30am to 08:00am</b>
<b>Athlete Briefing:</b>	<b>8:00 to 8:15am</b>
<b>Warm up:</b>	<b>08:15 – 08:30</b>
<b>Climbing Route 1:</b>	<b>9:00am – 10:00am</b>
<b>Climbing Route 2:</b>	<b>10:00am - 12:00noon</b>
<b><u>Registration: U15 - OPEN</u></b>	<b>12:00 to 12:30</b>
<b>Athlete Briefing:</b>	<b>12:30– 12:45</b>
<b>Warmup:</b>	<b>12:45 – 13:15</b>
<b>Climbing Route 1:</b>	<b>13:15 – 14:45</b>
<b>Climbing Route 2:</b>	<b>14:45 - 16:15</b>
<b>Prize Giving</b>	<b>16:45 to 17:15</b>

### **SUNDAY 29<sup>th</sup> AUGUST 2021: BLOC SOUTH – BOULDER EVENT**

<b><u>Registration: U9 – U13</u></b>	<b>07:30am to 08:00am</b>
<b>Athlete Briefing:</b>	<b>08:00 - 08:15</b>
<b>Warm up:</b>	<b>08:15 – 08:30</b>
<b>Climbing (4 routes)</b>	<b>09:00 – 11:00</b>
<b>Four minutes on four minutes off</b>	
<b>Female and Males climb simultaneously</b>	
<b><u>Registration: U17 - OPEN</u></b>	<b>11:00 to 11:30</b>
<b>Athlete Briefing:</b>	<b>11:30 – 12:00</b>
<b>Warmup:</b>	<b>12:00 – 12:30</b>
<b>Climbing (4 routes)</b>	<b>12:30 – 14:30</b>
<b>Prize Giving</b>	<b>15:00 to 15:30</b>

## 8. Special Exemption

Any athlete not able to compete at the Provincial Event but who wishes to represent the Western Cape Province at the National events mentioned above would need to apply for a Special Exemption in line with the below policy:

- Athletes who do not attend the relevant recognised provincial event/s in order to qualify for selection of the provincial team, may apply for a special exemption if the following circumstances transpired and resulted in them not attending the event/s mentioned above:
  - An injury prevented them from competing;
  - There was a death in the family or a personal tragedy around the time of the event;
  - The athlete was out of the country or the province at the time due to extenuating circumstances; or
  - An act of God prevented them from competing.

In the case of any of the above-mentioned instances, the athlete is to submit the following for their special exemption motivation to one or all of the WCC Selection Committee members mentioned above (this can be via their parent, coach or other) within 7 days prior to the recognised provincial event/s or within 14 days post the recognised provincial event/s:

- Motivational and explanatory letter of the circumstances which prohibited the athlete from competing;
- Relevant doctors' letters, reports, x-rays, etc.; or
- Relevant documentation regarding the athlete not being in the country or province at the time (e.g. international school or college letter/transcripts, etc.);
- Any other documentation or information relevant to the specific exemption motivation.

Kindly note that being away on holiday or school camp or other similar event is not considered cause for a special exemption application as these are the result of a choice by the athlete to forego the selection event/s for something else.

Further, these athletes who motivate for a Special Exemption will not be awarded provincial colours, regardless of the outcome of their motivation/application as it is against the Colours Awards Policy of the Western Cape Provincial Sports Confederation, which stipulates that an athlete must participate in the selection event successfully in order to receive their Provincial Colours Award.

Special Exemption applications can be sent to any one of the below contacts.

## 9. Contact details

**Colette Rodrigues – WCC Competitions Co-Organiser**

082 883 7569

[events@westerncapeclimbing.co.za](mailto:events@westerncapeclimbing.co.za)

**Geoffrey Meyer – WCC President**

082 882 8281

[info@westerncapeclimbing.co.za](mailto:info@westerncapeclimbing.co.za)

**Chris Naudé – WCC Vice President**

063 538 4516

[chris@westerncapeclimbing.co.za](mailto:chris@westerncapeclimbing.co.za)

## 10. Summary – what you must do!

### **Item Due date:**

- ✓ Register via the registration link by **25<sup>th</sup> August 2021** - **LINK**
- ✓ Pay the registration **fees prior to 25<sup>th</sup> August 2021**
- ✓ Pitch-up 28<sup>th</sup> August 2021 at your allocated time above for the Competition

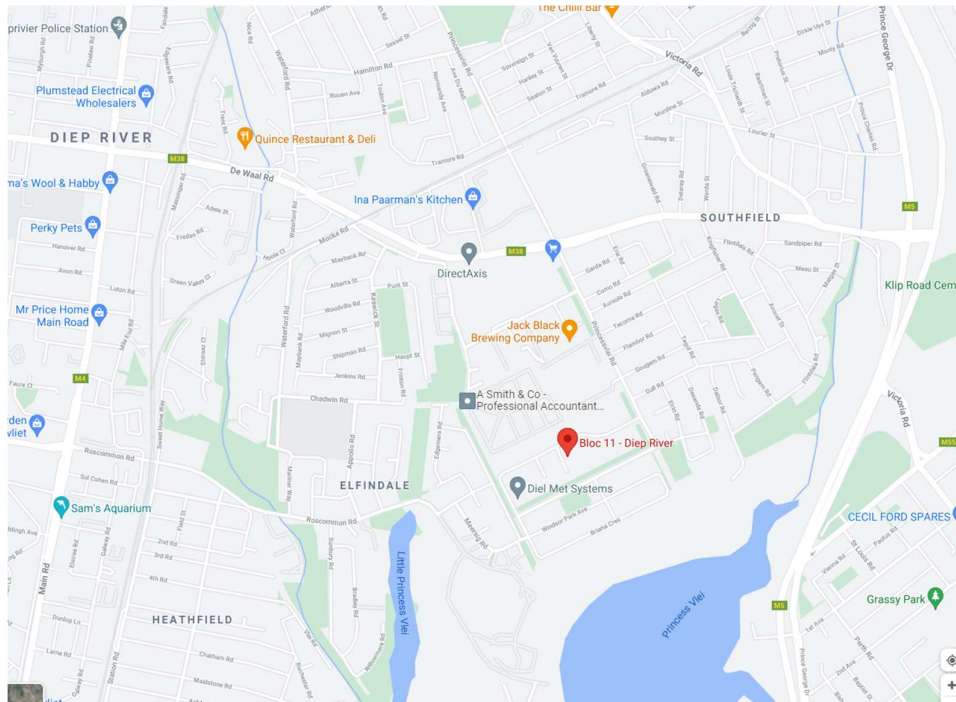


## 11. Attachments

### ❖ Map to CityROCK



### ❖ Map to Bloc South



**LEGAL DISCLAIMER:** All climbing related activities are extremely dangerous and always completely at your own risk. The organizers, WCC, SANCF, the sponsors and venue owners accept no responsibility for any losses, injury or death. All participating climbers, helpers, organizers and spectators take full responsibility for themselves. There is no substitute for experience, training, common sense and a touch of caution. So you are on your own...take care!