

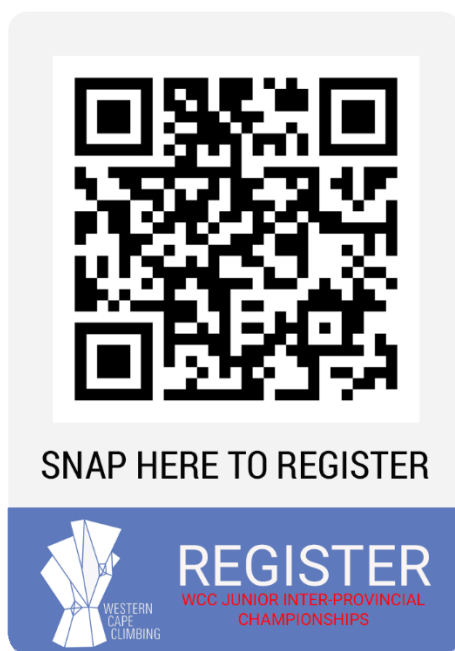
Information Booklet



Junior Inter-Provincial Championships

Youth F, E, D and C

Register before 29 October 2021



<https://forms.gle/i5uKQ1L5ELjJsJiD7>

Saturday 6th November 2021 – Top Rope, Lead and Boulder - CityROCK

Hosted by: Western Cape Climbing

Introduction

Western Cape Climbing welcomes all SANCF registered climbers to the Junior Inter-Provincial Climbing Championships.

Special Notes:

This competition is for Youth F (U7), Youth E (U9), Youth D (U11) and Youth C (U13) age groups.

Please note that this is an inter-provincial competition set to a high standard. It is not intended for all Athletes to Top all the routes / problems. We would further encourage provinces to send those athletes they have pre-selected for such an event.

Punctuality:

Please bear in mind that the competition will run strictly according to a timetable. Kindly therefore allow enough time for travel delays.

Technical Officials:

Anyone able to assist as a Technical Official at the event, please contact development@westerncapeclimbing.co.za before 15 October 2021.

COVID-19:

Due to the pandemic and the current level 2 lockdown level, we are only allowed 250 people indoors for the competition. This is going to have to be well-managed to ensure we comply with the regulation, therefore **NO SPECTATORS** will be allowed into the gym. To this end, we encourage all parents to contact development@westerncapeclimbing.co.za so that we can allocate an official position for you.

1. When and Where

The 2021 Junior Inter-Provincial Championships will be held on the following day:

- Saturday 28th August 2021 at CityROCK Indoor Climbing Gym, Paarden Eiland, Cape Town
The address for CityROCK is: 9 Milner Street, Unit 5 Table Bay Industrial Estate, Paarden Eiland, Cape Town. For more information, please visit their website <http://cityrock.co.za/capetown/>. Refer to the map below or use the following link <http://bit.ly/2CXEkAb>.
- Technical Meeting
CityROCK Indoor Climbing Gym, Paarden Eiland. Date and Time to be advised by Jury President.

2. Age groups and number of participants for Provincial Competitions

Schools, clubs and climbers are requested to please register via the google form link.

PLEASE ENSURE THAT YOU ARE COMPETENT LEAD CLIMBERS AND HAVE A LEAD LICENCE BEFORE ENTERING THIS COMPETITION.

The Top Rope Categories are as follows:

- o Youth E (U9) Boys
- o Youth E (U9) Girls
- o Youth F (U7) Boys
- o Youth F (U7) Girls

The Lead Categories are as follows:

- o Youth C (U13) Boys
- o Youth C (U13) Girls
- o Youth D (U11) Boys
- o Youth D (U11) Girls

The Boulder Categories are as follows:

- o Youth C (U13) Boys
- o Youth C (U13) Girls
- o Youth D (U11) Boys
- o Youth D (U11) Girls
- o Youth E (U9) Boys
- o Youth E (U9) Girls
- o Youth F (U7) Boys
- o Youth F (U7) Girls

NOTE 1:

Only Youth E (U9) and Youth F (U7) will be able to climb Top Rope as this is an Inter-Provincial Competition.

NOTE 3:

Athletes are not meant to top the routes at this competition. Please make sure children aware of this fact. The routes are intentionally hard. The point is to separate the athletes correctly. The goal is to ensure that only one athlete will top the routes.

Categories are defined by the age of the child as at 1st January of 2021. Please refer to the below if you are unsure based on the year your child was born:

- o Youth C Year of Birth: 2008-2009
- o Youth D Year of Birth: 2010-2011
- o Youth E Year of Birth: 2012-2013
- o Youth F Year of Birth: 2014-2015

Competition Registration Link:

<https://forms.gle/i5uKQ1L5ELjsJiD7>

3. Structure of events

Rules:

Scoring will be as per IFSC rules unless otherwise stated and will be explained during the briefing session. An abbreviated guide to the rules will be on display at the venue and in the isolation area. Anyone with further questions is welcome to discuss with the Jury President of the competition who will be the final arbiter and clarify any rules issues.

Top Rope and Lead

- There will be 2 routes for their event. Two routes will be climbed by each category. The ranking achieved in the first route will be multiplied by the ranking achieved in the second climb. The winner will be the person with the lowest score.
- All two routes will be on-sight, meaning that the groups will be given five minutes to view the route prior to the climb before being confined to isolation.
- The route will not be demonstrated and they will not be allowed to watch anyone climb the routes nor share information about the route.
- The individual competitor will be led to the route at the appropriate time by a belayer. The competitor must have their shoes and harness on and have their chalk. The Competitor must already be tied in and have been checked by their belayer and be accompanied by their belayer to the route. The competitor will have 30 seconds to view the route immediately before their climb.
- The attempt will be considered started the moment both feet leave the floor and is completed when the climber has either clipped the final draws or fallen.
- The starting order will be by random regeneration for the first climb and by ranking order for the second climb.
- Climbers have only one attempt per route and have a maximum of six minutes per route after which they will be called down.
- The score on each route is judged by the highest hold that is reached and controlled.
- Only podium positions will be separated otherwise remain tied.
- We use ranking first to separate a tie.
- Where no ranking is available the total number of holds will be used for lead or top rope routes.
- Where no ranking is available, a super-final will be held with alternating attempts. The first climber to gain an advantage in a round, wins.
- **SCORING:** The ranking achieved in the first route will be multiplied by the ranking achieved in the second climb. The winner will be the person with the lowest score.

Boulder

- There will be 1 round of 4 boulders for this event. Four (4) boulder problems will be climbed by each category and the total scores from all four problems will be used to determine the winners. Standard IFSC scoring will be used (No. Tops, No Zones, Attempts at Top, Attempts at Zone)
- Each athlete will have 5 minutes per boulder problem, with a 5 minute rest period between climbs.
- The competitor must establish on the starting holds of each problem before commencing their attempt.
- The attempt will be considered started the moment both feet leave the floor and is completed when the climber has topped the problem or fallen.
- Starting order will be randomized.
- A 2 minute viewing per problem will be held before the start of each category's round.
- Climbers may not ask about beta. Climbers may only touch the marked starting holds during this time. No other holds may be touched and feet may not leave the ground.
- Scores for rankings are calculated according to, and in order of:

- the number of Tops awarded;
- the number of zone points awarded;
- the fewest attempts at Top; and,
- the fewest attempts at reaching the zone.
- No score shall be awarded for a “touched” hold. A zone hold must be used by the climber in order to maintain a stable position. Only use of hands on the zone hold are valid for a zone point.
- Only podium positions will be separated otherwise remain tied.
- We use ranking first to separate a tie.
- Where no ranking is available, a super-final will be held with alternating attempts. The first climber to gain an advantage in a round, wins.

4. Refreshments at competition venue

CityROCK runs a café where light lunches, snacks, cooldrinks, coffee, tea, etc. is sold.

5. Costs and payment

- R200.00 per competitor if competitor is a WCC, Gauteng, KZN, Mpumalanga or Eastern Cape AND SANCF Competition license holder – a membership number must be presented alongside the competitor’s name when sending your lists through to Western Cape Climbing. A membership card must be presented at the registration on the day.
- R700.00 per competitor if competitor is NOT an SANCF/WCC (or other provincial) Competition License Holder – this will entitle them to SANCF and WCC membership and cover their registration fee for the competition; a SANCF/WCC Competition Card will be organised and sent to the competitor shortly after the competition. **Please note that this membership will be deemed as an early registration for 2022 and will therefore also be valid for the entire 2022 competition climbing season.**
- Any climber competing at these events who is from another province is expected to have already paid their relevant provincial and national fees to their own province and proof thereof may be requested by WCC. They would therefore only need to pay the relevant competition fee.
- The above fee includes medals, trophies, venue hire as well as the costs associated with the setting and organization of the competition.
- All payments are to be made via EFT or SNAPSCAN before Friday 29 October 2021 into the Western Cape Climbing Bank Account below.

Western Cape Climbing
First National Bank
Branch Number: 204209
Branch: Cavendish
Account Number: 62380592652
Account Type: Cheque Account

- Please list your name as a reference on the deposit slip.
- Kindly email the proof of payment to treasurer@westerncapeclimbing.co.za.
- To become a WCC member kindly register at the following link BEFORE the aforementioned deadline: <http://bit.ly/wcc-join>

6. Equipment Required

- Please advise us whether your child is required to wear a helmet or whether you will be waiving this obligation by emailing development@westerncapeclimbing.co.za
- Each competitor must have their own harness, own climbing shoes, own chalk and chalk bag for the Top Rope and Lead events and their own liquid chalk for the boulder event.
- It is recommended for COVID safety protocols, that each Lead Competitor brings their own rope and a crate or other in which to carry it in (rope bags are not suitable)

Contact development@westerncapeclimbing.co.za if you require a rope for your child.

7. Timetable

These times are still approximate – Due to the COVID-19 Pandemic and Adjusted Level 2 Lockdown the timetable will be circulated as soon as we have confirmed athlete numbers per age group. The timings below are based on the expected turnout. – Please ensure that you are at the correct gym at the Registration time given for your category, once this has been circulated. Timing may vary.

SATURDAY 6th November 2021: CITYROCK CLIMBING GYM

Action

Registration:

Athlete Briefing:

Warm up:

Viewing Routes:

Climbing Route 1:

Climbing Route 2:

Lunch:

Top Rope and Lead Prize Giving

Viewing Boulder Problems:

Climbing (4 routes):

Four minutes on four minutes off

Boulder Prize Giving

Time

07:30am to 08:00am

8:00 to 8:15am

08:15 to 08:30

08:30am to 08:55am

9:00am to 10:00am

10:00am to 12:00pm

12:00pm to 12:30pm

12:30pm to 1:00pm

1:00pm to 1:30pm

1:30pm to 4pm

4:30pm to 5pm

8. Higgovale Climb – Sunday 7 November 2021

- Please be sure to register for their outdoor climb if your child is interested. The event is within Cape Town City Bowl but we do require numbers to ensure we have the correct adult/child ratio and enough equipment.

9. Contact details

- Delaney Traviss
 - SMS/Whatsapp: 083 355 9933
 - Email: development@westerncapeclimbing.co.za
- Rolf Fitschen
 - SMS/Whatsapp: 083 414 1819
 - Email: rolf@westerncapeclimbing.co.za
- Geoff Meyer
 - Email: president@westerncapeclimbing.co.za

10. Summary – what you must do!

Item Due date:

- Register via the registration link by 29 October 2021 - <https://forms.gle/i5uKQ1L5ELjJsJiD7>
- Pay the registration fees prior to 29 October 2021.
- Pitch-up 6th November 2021 at the allocated time above for the Competition.

11. Attachments

Map to CityROCK

